

About the Faculty

William Russell, MD

Professor of Pediatrics
Director, Ian Burr Division of Pediatric
Endocrinology and Diabetes

Daniel Tilden, MD

Clinical Fellow
Pediatric and Adult Endocrinology

Cindy Lybarger, APRN, CDE

Nurse Practitioner and Program
Coordinator

Patsy Yarbrough, APRN, CDE

Nurse Practitioner

Martha Upchurch, MS, RD, LDN, CDE

Registered Dietitian and Diabetes Educator

Stephanie Kovacs, MS, RD, LDN, CDE

Registered Dietitian and Diabetes Educator

All Faculty affiliated with

Vanderbilt Eskind Pediatric Diabetes Clinic
unless otherwise noted.



Intended Audience

General pediatricians, family practice physicians, family and pediatric nurse practitioners, school health nurses, and nurses who care for youth with diabetes in a variety of settings.

Contact Hour Credit

Vanderbilt University Medical Center, Department of Nursing Education and Professional Development is an approved provider of continuing nursing education by the Tennessee Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

DIABETES UPDATE 2019

Presented by: Vanderbilt University Medical Center, Department of Education and Professional Development, and Vanderbilt Eskind Pediatric Diabetes Clinic.



Saturday, September 21, 2019

7:30am-12:30 pm



4.0 hours

DIABETES UPDATE 2019

Lipscomb University

Swang Center

3901 Granny White Pike

Nashville, TN 37204-3951

Course Objectives

1. Describe the signs and symptoms of diabetes in a child without a previous diagnosis.
2. Discuss strategies for optimal glyce-mic control, avoiding high and low blood glucose.
3. Discuss the role the school nurse plays in the 504 plan process.
4. Discuss healthy eating habits in the school setting.



Program

7:30-8:00 am Registration and Vendors
(Light breakfast will be provided)

8:00-8:15am “Welcome”
William Russell, MD

8:15-9:15am “Skipping math class or
something worse?”
-- Signs and symptoms of diabetes.”
Dan Tilden, MD

9:15-10:15am “Strategies for managing
diabetes in the school setting
for optimal glycemic control.”
Cindy Lybarger, APRN, CDE

10:15-10:30am Break/Vendors

10:30-11:30am “Impact of The 504 Plan on
Sports, Field Trips, and Diabetes
Technology in the School Setting.”
Patsy Yarbrough, APRN, CDE

11:30-12:30pm “Nutrition in School”
Martha Upchurch, MS, RD, LDN, CDE
&
Stephanie Kovacs, MS, RD, LDN, CDE

**Learners must attend the full activity
and complete the evaluation in order to
claim continuing education credit/hours.*

Registration Form

Attendee name: _____

School/Institution: _____

Address: _____

City: _____

State: _____ Zip: _____

E-mail: _____

Fee per person

\$45

Forms of Payment:

⇒ Check enclosed — made out to

Vanderbilt Children's Diabetes Program

⇒ Pay at conference (***cash or check only***)

⇒ Pay online (website below)

Send Registration and Payment to:

Lauren Pastoor

Lead Administrative Assistant

Pediatric Endocrinology and Diabetes

Village at Vanderbilt

1500 21st Ave S Suite 1514

Nashville, TN 37212-8285

Website with information and registration
(presentation handouts will be available on website)

www.childrenshospital.vanderbilt.org/diabetesupdate

****You may print presentations
ahead of time to have a paper copy.****

***You may also *register* by calling Lauren
Pastoor at (615) 343-0794 or faxing this
completed form to (615) 875-7633.**