

About the Faculty

William Russell, MD

Professor of Pediatrics
Director, Ian Burr Division of Pediatric
Endocrinology and Diabetes

Justin Gregory, MD

Assistant Professor of Pediatrics
Ian M. Burr Division of Pediatric
Endocrinology and Diabetes

Ashley Shoemaker, MD

Assistant Professor of Pediatrics
Ian M. Burr Division of Pediatric
Endocrinology and Diabetes

Cindy Lybarger, APRN, CDE

Nurse Practitioner and Program
Coordinator

Ann Vander Woude, APRN, CDE

Nurse Practitioner

Susan Schultz, RN, BSN, CDE

Registered Nurse and Diabetes Educator

Kimberly Barnes, RN, BSN

Registered Nurse and Diabetes Educator

Martha Upchurch, MS, RD, LDN, CDE

Diabetes Educator and Dietitian

Vanessa Howe, LCSW

Social Worker

All Faculty affiliated with

Vanderbilt Eskind Pediatric Diabetes Clinic
unless otherwise noted.

Intended Audience

General pediatricians, family practice physicians,
family and pediatric nurse practitioners, school
health nurses, and nurses who care for youth with
diabetes in a variety of settings.



Contact Hour Credit

Vanderbilt University Medical Center, Department of
Nursing Education and Professional Development is an
approved provider of continuing nursing education by
the Tennessee Nurses Association, an accredited
approver by the American Nurses Credentialing
Center's Commission on Accreditation.

DIABETES UPDATE

**Presented by: Vanderbilt
University Medical Center,
Department of Education
and Professional
Development, and
Vanderbilt Eskind Pediatric
Diabetes Clinic.**



Saturday, September 9, 2017

7:30am-1pm



4.0 hours

DIABETES UPDATE 2017

Lipscomb University
Swang Center
3901 Granny White Pike
Nashville, TN 37204-3951

Course Objectives

1. Describe the management of exercise in Type 1 Diabetes.
2. Identify the treatment interventions in preventing obesity and Type 2 Diabetes as well as discuss treatment goals and regimens for teens with Type 2 Diabetes.
3. Discuss the use of insulin pump therapy and continuous glucose monitors including recent advancements in automatic insulin delivery.
4. Apply strategies learned to diabetes case scenarios in the school setting.



Program

- 7:30-8:00 am** Registration and Vendors
- 8:00-8:15am** “Welcome”
William Russell, MD
- 8:15-9:15am** “Exercise Management in Type 1 Diabetes”
Justin Gregory, MD
- 9:15-10:15am** “Obesity and Type 2 Diabetes”
Ashley Shoemaker, MD
- 10:15-10:30am** Break/Vendors
- 10:30-11:30am** “The Future of Diabetes Care: Pumps, Continuous Glucose Sensors and other Devices”
Kimberly Barnes, RN
- 11:30-1:00pm** “Managing diabetes in the real world”: Panel discussion, using a case study approach”
Cindy Lybarger, APRN, CDE - Moderator
Ann Vander Woude, APRN, CDE
Susan Schultz, RN, BSN, CDE
Martha Upchurch, MS, RD, LDN, CDE
Vanessa Howe, LCSW

**Learners must attend the full activity and complete the evaluation in order to claim continuing education credit/hours.*

Registration Form

Attendee name: _____
School/Institution: _____
Address: _____
City: _____
State: _____ Zip: _____
E-mail: _____
License # for CNE credit: _____

Fee per person

\$45

Forms of Payment:

- ⇒ Check enclosed — made out to
Vanderbilt Children’s Diabetes Program
- ⇒ Pay at conference (***cash or check only***)
- ⇒ Pay online (website below)

Send Registration and Payment to:

Taylor Herity
Administrative Assistant I
Pediatric Endocrinology
Village at Vanderbilt
1500 21st Ave, Suite 1514
Nashville, TN 37212

Website with information and registration (presentation handouts will be available on website)
www.childrenshospital.vanderbilt.org/diabetesupdate

****You may print presentations**

ahead of time to have a paper copy.**

*You may also **register** by calling Taylor Herity at (615) 343-8135 or faxing this completed form to (615) 875-7633.